



Evaluation of Chinese Rehab Methods

– An Example From Sunshine Centre in Shanghai



In September 2011, a team of therapists from Central Denmark Region was recruited to evaluate a number of rehabilitation methods at Sunshine Centre in Shanghai. Based on the week-long visit, the Danish therapists recommended areas to be improved at the centre.

Main Focus

The Danish evaluation team focused on several rehabilitation areas, but the following were the main focus areas:

Rehabilitation for Burn Injured

Improve clinical treatment of patients and measures of rehabilitation for burn injured.

“The therapists have unique insights about rehabilitation. They are experienced to deal with any problems by more than twenty years working in that field. Their passion and concentration are praiseworthy. I would like to express my sincere gratitude and appreciating to the members of the Danish delegation who spend almost one week working with us, and I sincerely hope more and more therapists in mainland China can benefit such a fruitful exploration of their professional and personal lives”.

Jia Hu (Regina), Therapist at Sunshine Centre, Shanghai

Rehabilitation for Bone Injured

New techniques in the field, especially for spinal patients.

Vocational Rehabilitation

Work ability evaluation and vocational rehabilitation training.

WORKING METHODS

Different working methods were used during the week:

Teamwork – Hands on

The Danish therapists teamed up with the Chinese therapists and worked together on different cases.

Evaluations and Sessions for Discussions

Sessions for discussion and evaluation were held in between practical training sessions with patients.

Report of Recommendations

The Danish therapists made a report of recommendation for Sunshine Centre. The report recommends where and how the centre can improve their rehabilitation methods.

Get more info at www.centraldenmark.cn

Sister City Cooperation

Central Denmark Region and Shanghai Municipality have since 2003 had a sister city cooperation. Several activities have taken place throughout the years. Since 2005, Shanghai Disabled Persons Federation and Central Denmark Region have collaborated in the rehab sector. There has been an exchange of training delegations, speakers and physiotherapists in both regions, and several other fruitful activities for the benefit of both parties.

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Better Rehabilitation – Better Life

Central Denmark Region – and Denmark in general – ranks among the world's leaders in relation to disability/rehab sector. The combination of 35 years experience developing disability-friendly public regulations, well-trained personnel and advanced assistive devices makes Central Denmark Region a strong partner in the area of better rehabilitation – better life.



对中国的康复方法进行评估

— 上海阳光康复中心示例



2011年9月，一队来自丹麦中部大区的治疗师受邀来到上海阳光康复中心在不同部门进行康复方法的评估。在为期一周的考察后，丹麦的治疗师将会做出报告提出需要改进的地方。

关注点

丹麦的评估团队考察了一系列康复内容，但以下几点是他们的关注重点：

烧伤康复

- 改进患者的临床治疗
- 烧伤患者的康复方法

骨伤康复

- 骨伤康复领域的新技术，特别是脊髓损伤

工伤康复

- 工作能力评估
- 工伤康复训练

工作方法

在此一周内，评估团队使用的方法有：

团队合作—实践

丹麦治疗师分别跟随中国治疗师在不同部门工作。

小结和讨论

在实践工作的间隙进行小结和讨论。

评估报告

丹麦治疗师将为阳光康复中心做出一份报告，其中将会提出他们的康复工作有哪些地方可以改进和如何改进。

了解详情，请访问：

www.centraldenmark.cn

“他们（丹麦治疗师）对康复有独到的见解。超过20年的行业经验使他们足以应对任何问题，他们的热情和专注也非常值得赞赏。我对丹麦治疗师们能来和我们共同工作一周表示感谢，这种合作和探索让我们从专业上和生活中都受益匪浅，希望有更多的中国治疗师能从这种活动中受益。”

胡佳，上海阳光康复中心治疗师

丹麦中部大区与上海的姐妹城市合作

丹麦中部大区与上海市自2003年起就开始了姐妹城市合作。至今双方在不同领域都有合作活动。从2005年起上海市残联开始与丹麦中部大区在康复领域展开合作。双方派出培训代表团互访，邀请对方专家作为会议发言人，聘请物理治疗师进行培训等各种富有成果的活动为双方都带来了好处。

更好的康复 — 更好的生活

在残疾人/康复事业领域，丹麦中部大区或者说丹麦，在世界上处于领先地位。丹麦中部大区有超过35年的经验制定有利于残疾人的公共政策，培训高素质的专业人员并提供先进的辅具，这些都使得丹麦中部大区成为上海发展康复领域的有力的合作伙伴，更好的康复 — 给残疾人更好的生活。